

Lockdown Activity Guide

toddle^{about}

Loving life with little ones

Your Printable Lockdown Guide for families with under 5s

Let Toddle About help you to spice up your day with some new online pregnancy, baby and toddler classes and activities.

*Click to see
what's on
that day*



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

ALWAYS ONLINE

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting

Follow us for
daily updates!



Lockdown Activity Guide

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Click the Name
to find out more

MONDAY

PARENTS & TOTS

Kesgrave Library

01473 626103. www.facebook.com/Kesgravelibrary/

• **Wordplay sessions:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

• **Baby Bounce & Tot Rock Online:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

The Berin Centre

01865 341944 or megan@theberincentre.co.uk

www.theberincentre.co.uk

• **Bumps and Babies:** 14:00 - 14:30.

Rhymetime and play ideas for you and your child

Ages: Pregnancy - 1 yrs. **Cost:** Free (*booking essential*).

Dates: 1 Jun - 8 Jun.

MUSIC & SIGNING

Boogie Babes Newmarket

07769 883506.

www.facebook.com/BoogieBabesNewmarket/

• **Free Boogie Babes Live:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

• **Hartbeeps @ Home:** 9:00 - 10:00.

Ages: 0 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Jo Jingles Ipswich

07732 544548. www.jojingles.com

• **Live Summer Half Term:** 10:00 - 10:40.

Ages: 6 mths - 6 yrs.

Cost: £3.50 per session (*booking essential*)

Dates: 1 Jun - 8 Jun.

BOOK NOW



Little Signers Club Suffolk

07720 349424. www.littlesignersclub.co.uk

• **Online 6 weeks Sing, Sign and Rhyme:** 12:00 - 12:40.

Ages: 5 mths - 3 yrs.

Cost: £6.17 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

WEBSITE

BOOK NOW

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Music Bugs Northampton

07811 771480.

www.facebook.com/groups/1712119012194411/

• **Music Bugs Online session: 10:00 - 10:40.**

Ages: 0 - 5 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Musical Minis @home

020 8868 000 or athome@musicalminis.co.uk.

<https://athome.musicalminis.co.uk/>

Times: 9:30 - 9:55 & 14:00 - 14:25.

Ages: 0 - 4 yrs.

Cost: £3 per session

(*booking essential*).

Dates: 1 Jun - 8 Jun.

BOOK NOW

Rhythm Time Cheshire

01270 884583. www.rhythmtime.net

• **Rhythm Time Cheshire (Online): 9:00 - 9:30.**

Fun, quality music and multi-sensory classes.

Ages: 0 - 6 yrs. **Cost:** £5.25 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Rhythm Time Leamington Spa, Warwick, Kenilworth, Stratford upon-Avon

07469 186042. www.rhythmtime.net

• **Online toddler class: 12:00 - 12:30. Ages:** 1 - 2 yrs.

• **Online baby class: 13:00 - 13:30. Ages:** 1 yrs.

• **Online Pre school class: 14:00 - 14:30. Ages:** 3 - 4 yrs.

Cost: £5.50 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Sing & Sign Baby Signing

South Northants, North Bucks

& North Oxfordshire

07906 055591.

www.bookmyclass.co.uk/singandsign/default.aspx?FID=114

• **Stage 1: 9:00 - 10:00. Ages:** 5 mths - 1 yrs 1 mths.

• **Stage 2: 9:00 - 10:00. Ages:** 1 yrs 2 mths - 3 yrs.

Cost: £4 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

TinyTalk

Bognor Regis & Surrounding Areas

rachelhu@tinytalk.co.uk. www.tinytalk.co.uk/rachelhu

• **TinyTalk Toddler Taking**

Times: 11:45 - 12:45. **Ages:** 0 - 4 yrs.

Cost: £5 per session (*booking essential*). **Dates:** 8 Jun.

• **TinyTalk Baby Signing**

Times: 13:00 - 14:00. **Ages:** 0 - 2 yrs.

Cost: £4.50 per session (*booking essential*).

Dates: 8 Jun - 10 Jun.

TinyTalk Dundee

07754610381. www.tinytalk.co.uk

• **TinyTalkTV: 10:00 - 11:00 & 11:15 - 12:15.**

Ages: 0 - 2 yrs. **Cost:** £6 per session (*drop in*).

Dates: 1 Jun - 8 Jun.

TinyTalk Waveney & Mid-Suffolk

07419 322204.

www.facebook.com/tinytalkwaveneymidsuffolk

• **Toddler Signing E-Class: 10:30 - 11:30. Ages:** 1½ yrs - 4 yrs.

• **Baby Signing E-Class: 11:45 - 12:45. Ages:** 0 - 1½ yrs.

Cost: £4 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

SENSORY & DEVELOPMENT



Baby College at Home

01865 421879. www.babycollege.co.uk

• **Baby College @ Home: Multiple Live Sessions**

Access to 50+ LIVE weekly interactive virtual baby and toddler development sessions.

Ages: 0 - 5 yrs.

Cost: £5 per week (*booking essential*).

• **Baby College Massage at Home: Multiple Live Sessions**

Full body baby massage in 4 sessions including songs and movements.

Ages: 0 - 1 yrs.

Cost: £5 per week (*booking essential*).

WEBSITE

BOOK NOW

Baby Sensory

Salisbury, Romsey & Totton

07984051713. www.babysensory.com/salisbury

• **Baby Sensory @ Home: 11:00 - 12:00.**

Ages: 0 - 1 yrs 1 mths.

Cost: £4 per session (*booking essential*).

Dates: 8 Jun.

BOOK NOW

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Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Educational Class - Maths, Wellbeing, English, History & Science:** 14:00 - 14:30.

Ages: 5 - 8 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

Grow Together - Baby Massage, Baby

Yoga and Toddler Yoga

07916 611066. www.growtogetherbabies.com

• **ONLINE Baby Massage Course - 6 weeks:** 11:30 - 12:15.

Ages: 1 mths - 1 yrs. **Cost:** £30 per course (*booking essential*).

• **ONLINE Toddler Yoga:** 09:15 - 09:45.

Ages: 1½ yrs - 4 yrs. **Cost:** Free/donations (*drop in*).

• **ONLINE Baby Yoga Sessions:** 10:45 - 11:15.

Ages: 2 mths - 1 yrs. **Cost:** Free/donations (*drop in*).

Dates: 1 Jun - 8 Jun.



Kidslingo Fran Fleming

07787226406. www.facebook.com/KidslingoFranFleming/

• **Tots Frenchtastic Class:** 9:30 - 10:00. **Ages:** 0 - 4 yrs.

• **Infant French Club:** 12:00 - 12:30. **Ages:** 4 - 7 yrs 11 mths.

• **Infant French Club:** 13:00 - 13:30. **Ages:** 3 - 7 yrs.

• **Junior French Club:** 14:00 - 14:30. **Ages:** 8 - 11 yrs.

Cost: £5 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

WEBSITE

Nanos Spanish

07940738221. www.nanospanishclub.com

Times: 10:00 - 10:30. **Ages:** 1 - 5 yrs.

Cost: £5 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-colch>

• **Virtual Phonics Sessions for Kids:** 10:00 - 11:00.

Ages: 0 - 6 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

CREATIVE

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Cooking and Crafts Classes:**

15:00 - 15:30 & 16:00 - 16:30.

Ages: 5 - 11 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

DANCE & DRAMA

Amanda's Action Club

07946 707695. www.amandasactionclub.co.uk

Amanda's Action Club (Zoom Sessions): 15:45 - 16:15

Tailored dance, music and fitness sessions.

Ages: 6 mths - 4½ yrs.

Cost: £7 per session

(*booking essential*).

Dates: 1 Jun - 8 Jun.

BOOK NOW

Bespoke Ballroom

01604 621004. www.facebook.com/bespokeballroom/

• **Online Latin and Ballroom Technique Classes for Kids:**

16:00 - 16:45 & 16:45 - 17:30.

Ages: 5 - 16 yrs.

Cost: £1.50 per session

(*booking essential*).

Dates: 1 Jun - 8 Jun.

BOOK NOW

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Dance, Singing and Music Class:** 15:00 - 15:30.

Ages: 5 - 8 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun

diddi dance North Essex & South Suffolk

07722 605395.

www.facebook.com/groups/512714662723104/

• **diddi dance in da house!** 10:00 - 10:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £4 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

diddi dance Oxford & Surrounding

07922668740. www.facebook.com/diddidanceoxford

• **diddi dance in da house!** 10:00 - 10:45.

Ages: 1 - 7 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

diddi dance SE London

07973982790. www.diddidance.com

• **diddi dance in da house!** 10:00 - 10:45 & 14:00 - 14:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per week (*booking essential*).

Dates: 1 Jun - 8 Jun.

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Get it sent straight to your inbox at toddle.fun/lockdownguide

diddi dance Shrewsbury & South Telford

07967430682. www.diddidance.com

- **diddi dance in da house!**: 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Tot Bop

01525 237474 / 07775 582791. www.totbop.co.uk

- **Tot Bop Dance Classes (Online)**: 9:00 - 9:45.

Ages: 1 - 9 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

BOOK NOW

PHYSICAL FUN

Tumble Tots UK

0121 585 7003. www.facebook.com/tumbletotshq

- **Tumble Tots LIVE on Facebook**: 10:00 - 11:00.

Ages: 6 mths - 7 yrs. **Cost:** Free (*drop in*).

Dates: 1 Jun - 8 Jun.

PREGNANCY

GroYoga

07871 205357. <https://groyoga.godaddysites.com/>

- **Yoga for Pregnancy**: 19:00 - 20:00.

Cost: £5 per session (*drop in*).

Dates: 1 Jun - 8 Jun.

HEALTH & WELLNESS

ATP Health and Fitness Norwich

07824 995689. www.healthandfitness.uk.com

- **Home Legs Bums and Tums with Matt**: 8:30 - 9:15.

Ages: 0 - 99 yrs.

- **Home Keep Fit (Over 50s) With Matt**: 10:00 - 10:40.

Ages: 50 - 99 yrs.

- **Totally Drum & Bass**: 18:30 - 19:15.

Ages: 0 - 99 yrs.

Cost: £3 per session (*drop in*).

Dates: 1 Jun - 8 Jun.

BOOK NOW

Lisa Valentine Yoga

07957 215495. lisavalentinyoga.co.uk

- **Online class**: 10:00 - 10:00.

Cost: £6.25 per session,

monthly subscription

(*booking essential*).

BOOK NOW

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

- **Online Mini First Aid Course**: any time

Ages: 18 - 99 yrs. **Cost:** £20 per session (*booking essential*).

Soo Yoga

01604 621004. www.sooyoga.com

- **Online Fitness Classes with Kristina Rihanoff & Ben**

Cohen: 10:00 - 10:30.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

- **Online Yoga with Kristina Rihanoff**: 10:30 - 11:15.

All ability levels

Cost: £0.50 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Suffolk Woman's Wellness Centre

01473 730035. www.swwcuk.com/od-menu

- **Online Barre Fit**: 19:00 - 20:00.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*drop in*).

Dates: 1 Jun - 8 Jun.

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

- **Live online Yoga with Lizzy**: 19:00 - 20:00.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 1 Jun - 8 Jun.

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting

Discover what's on for little ones online

Just enter your child's age, and away you go!



Check out the **NEW** Toddle About website today

www.toddleabout.co.uk

Subscribe to the Lockdown Guide for FREE
Get it sent straight to your inbox at toddle.fun/lockdownguide

TUESDAY

PARENTS & TOTS

EPIC Dad Community Interest Company

07717 744608.

www.facebook.com/EPIC-Dad-1827266040860933/

- EPIC Dad Chat: 19:00 - 20:00.

Cost: Free (booking essential).**Dates:** 2 Jun - 9 Jun.Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

- Baby Bounce & Tot Rock Online: 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).**Dates:** 2 Jun - 9 Jun.Sunflowers Groups

www.facebook.com/groups/2573126479597142/

- Sunflowers Groups (The Comfort Trust): 11:00 - 11:30.

Cost: Free (booking essential).**Dates:** 2 Jun - 9 Jun.The Maple Tree Children's Centre

01865 236700. www.facebook.com/TheMapleTreeWheatley/

- Interactive Storytime and Singing Session: 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).**Dates:** 2 Jun - 9 Jun.The Spring Charity

01604 245767. www.facebook.com/TheSpringCharity/

- Just Karen's Stay IN and Play Group: 10:00 - 10:30.

Cost: Free (booking essential). **Dates:** 2 Jun - 9 Jun.

MUSIC & SIGNING

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

- Hartbeeps @ Home: 9:00 - 10:00.

Ages: 0 - 5 yrs. **Cost:** £5 per session (booking essential).**Dates:** 2 Jun - 9 Jun.Jo Jingles Ipswich

07732 544548. www.jojingles.com

- Live Summer Half Term: 10:00 - 10:40.

Ages: 6 mths - 6 yrs.**Cost:** £3.50 per session

(booking essential).

Dates: 2 Jun - 9 Jun.

BOOK NOW

June Chatterbox Tunes

07851 353396. www.facebook.com/juneschatterboxtunes/

- Online Live Chatterbox Music & Movement : 13:30 - 14:00.

*Music class with Movement and Dance, Instruments and Props***Ages:** 4 mths - 4 yrs.**Cost:** £2 per session

(booking essential).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Monkey MusicAylesbury & High Wycombe01494 819138. <http://bit.ly/mmayleswyc>

- Heigh Ho: 9:35 - 10:05. **Ages:** 1 - 2 yrs.
- Jiggety Jig: 10:20 - 10:50. **Ages:** 2 - 3 yrs.
- Rock n Roll: 11:05 - 11:35. **Ages:** 3 mths - 1 yrs.

Cost: £5 per session (booking essential).**Dates:** 2 Jun - 9 Jun.Musical Minis @home020 8868 0001 or athome@musicalminis.co.uk.<https://athome.musicalminis.co.uk/>**Times:** 9:30 - 9:55 & 14:00 - 14:25. **Ages:** 0 - 4 yrs.**Cost:** £3 per session

(booking essential).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Raise Your Voice

07540113340. www.ryvchoir.co.uk

- Raise Your Voice online: 19:00 - 20:00.

Ages: Pregnancy - 18 yrs.**Cost:** £6 per session

(booking essential).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Rock-a-Bye Choir for mums onlineemily@emilyschoirs.co.uk. www.emilyschoirs.co.uk**Times:** 11:00 - 11:50. **Ages:** Pregnancy - 4 yrs.**Cost:** £4 per session (drop in). **Dates:** 2 Jun - 9 Jun.St Augustine's Church

01473 723960.

<https://staugustinesipswich.org.uk/kidschurchonline/>

- Music and Rhyme: 10:00 - 10:45.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).**Dates:** 2 Jun - 9 Jun.

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TinyTalk Waveney & Mid-Suffolk

07419 322204.

www.facebook.com/tinytalkwaveneymidsuffolk

• **Toddler Signing E-Class:** 10:15 - 11:15. **Ages:** 1½ yrs - 4 yrs.

• **Baby Signing E-Class:** 11:30 - 12:30. **Ages:** 0 - 1½ yrs.

Cost: £4 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

SENSORY & DEVELOPMENT

Adventure Babies

Warwickshire & Coventry

www.adventurebabies.co.uk

• **Online Sensory Storytelling Adventure:** 9:00 - 9:30,

10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 2 Jun.



Baby College at Home

01865 421879. www.babycollege.co.uk

• **Baby College @ Home:** Multiple Live Sessions

Access to 50+ LIVE weekly interactive virtual baby and toddler development sessions.

Ages: 0 - 5 yrs. **Cost:** £5 per week (*booking essential*).

• **Baby College Massage at Home:** Multiple Live Sessions

Full body baby massage in 4 sessions including songs and movements.

Ages: 0 - 1 yrs. **Cost:** £5 per week (*booking essential*).

WEBSITE

BOOK NOW

Baby Sensory North Bucks

07876643276. www.babysensory.com

• **Baby Sensory @home:** 11:00 - 11:30 & 13:00 - 13:30.

Ages: 1 yrs 1 mths.

Cost: £3.50 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Baby Sensory Stirling

07766317766. www.babysensory.com

• **Baby Sensory:** 10:00 - 10:40, 11:00 - 11:40 & 12:45 - 13:25.

Ages: 0 - 1 yrs 1 mths.

Cost: £4 per session (*drop in*). **Dates:** 2 Jun - 9 Jun.

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Educational Class - Maths, Wellbeing, English, History & Science:** 14:00 - 14:30.

Ages: 5 - 8 yrs.

• **Quiz Quest!** 15:00 - 15:30.

Ages: 3 - 11 yrs.

Cost: Free (*booking essential*).

Dates: 2 Jun - 9 Jun.



Kidslingo Fran Fleming

07787226406. www.facebook.com/KidslingoFranFleming/

• **Tots Frenchtastic Class:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

• **Infant French Club:** 13:00 - 13:30. **Ages:** 4 - 7 yrs 11 mths.

Cost: £5 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

WEBSITE

LullaBaby Newport

07507070394. www.lullababy.co.uk/newport

• **Step 2:** 12:00 - 12:45.

Ages: 2 mths - 1 yrs.

Cost: £3 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-colch>

• **Virtual Phonics Sessions for Kids:** 10:00 - 11:00.

Ages: 0 - 6 yrs.

Cost: £1 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Toddler Sense Milton Keynes

07972798017. www.toddlersense.com/milton-keynes/

• **Toddler Sense @home:** 10:30 - 11:30.

Ages: 1 yrs 1 mths - 5 yrs.

Cost: £4 per session (*booking essential*).

Dates: 2 Jun.

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CREATIVE

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Cooking and Crafts Classes:** 15:00 - 15:30.

Ages: 5 - 11 yrs.

Dates: 2 Jun - 9 Jun.

DANCE & DRAMA

Amanda's Action Club

07946 707695. www.amandasactionclub.co.uk.

• **Amanda's Action Club (Facebook Live):** 10:30 - 11:00

Dance, sing, and learn through activities.

Ages: 6 mths - 4 1/2 yrs.

Cost: £5 per week
(*booking essential*).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Bespoke Ballroom

01604 621004. www.facebook.com/bespokeballroom/

• **Online Tots Ballet and Ballroom Classes:** 9:30 - 10:00.

Ages: 2 - 5 yrs.

Cost: £1.75 per session
(*booking essential*).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Boogie Beat South Oxfordshire

07787 121628. www.boogiebeat.co.uk

• **Boogie Beat ZOOM Class:** 11:00 - 11:40.

Ages: 0 - 6 yrs.

Cost: £4 per session
(*booking essential*).

Dates: 9 Jun.

BOOK NOW

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Dance, Singing and Music Class:** 14:00 - 14:30.

Ages: 5 - 8 yrs.

• **Live Toddler Party Classes:** 10:00 - 10:30.

Ages: 1 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 2 Jun - 11 Jun.

diddi dance North Essex & South Suffolk

07722 605395.

www.facebook.com/groups/512714662723104/

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £4 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

diddi dance SE London

07973982790. www.diddidance.com.

• **diddi dance in da house!:** 10:00 - 10:45 & 14:00 - 14:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per week (*booking essential*).

Dates: 2 Jun - 9 Jun.

diddi dance Shrewsbury & South Telford

07967430682. www.diddidance.com

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Funky Monkeys

01494 912729. www.funkymonkeysltd.co.uk.

• **Funky Monkeys - Online Classes:** 10:00 - 10:40.

Ages: 0 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Tappy Toes

01279 718216. www.tappytoes.com

• **Tappy Toes Online:** 10:00 - 10:30.

Ages: 1 - 5 yrs. **Cost:** £4.50 per session (*drop in*).

Dates: 2 Jun - 9 Jun.

PHYSICAL FUN

Tumble Tots UK

0121 585 7003. www.facebook.com/tumbletotshq

• **Tumble Tots LIVE on Facebook:** 10:00 - 11:00.

Ages: 6 mths - 7 yrs. **Cost:** Free (*drop in*).

Dates: 2 Jun - 9 Jun.

HEALTH & WELLNESS

ATP Health and Fitness Norwich

07824 995689. www.healthandfitness.uk.com

• **Home Legs Bums and Tums with Matt:** 18:30 - 19:15.

• **Home Cardio & Combat with Matt:** 6:30 - 7:15.

Ages: 0 - 99 yrs.

Cost: £3 per session (*drop in*).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Fit with Mum

www.fitwithmum.com

• **Fit with Mum Online:** 10:00 - 11:00.

Ages: 0 - 99 yrs.

Cost: £5 per session (*booking essential*). **Dates:** 2 Jun - 9 Jun.

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GroYoga

07871 205357. <https://groyoga.godaddysites.com/>

- **Post Natal Yoga (with baby):** 10:00 - 11:00.

Ages: 1 yrs. **Cost:** £5 per session (*drop in*).

Dates: 2 Jun - 9 Jun.

Lisa Valentine Yoga

07957 215495. www.lisavalentinyoga.co.uk

- **Mums n Bubs/Wrigglers:** 10:45 - 11:35.

Cost: £6.25 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

BOOK NOW

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

- **Online Mini First Aid Course:** any time

Cost: £20 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

Soo Yoga

01604 621004. www.sooyoga.com

- **Online Fitness Classes with Kristina Rihanoff & Ben**

Cohen: 10:00 - 10:30.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

- **Online Yoga with Kristina Rihanoff:** 10:30 - 11:30.

All ability levels

Cost: £0.50 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

- **Live online Yoga with Lizzy:** 8:00 - 8:20.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 2 Jun - 9 Jun.

PREGNANCY

Lisa Valentine Yoga

07957 215495. www.lisavalentinyoga.co.uk

- **Pre-Natal Yoga Flow (Middleton Cheney):** 18:15 - 19:15.

Ages: Pregnancy.

Cost: £4.50 per session (*booking essential*).

Dates: 2 Jun - 11 Jun.

BOOK NOW

WEDNESDAY

PARENTS & TOTS

Kesgrave Library

01473 626103. www.facebook.com/Kesgravelibrary/

- **Wordplay sessions:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 3 Jun - 10 Jun.

Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

- **Baby Bounce & Tot Rock Online:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 3 Jun - 10 Jun.

MUSIC & SIGNING

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

- **Hartbeeps @ Home:** 9:00 - 10:00.

Ages: 0 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Jo Jingles Ipswich

07732 544548. www.jojingles.com

- **Live Summer Half Term:** 10:00 - 10:40.

Ages: 6 mths - 6 yrs.

Cost: £3.50 per session

(*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

Monkey Music

Aylesbury & High Wycombe

01494 819138. <http://bit.ly/mmayleswyc>

Heigh Ho: 9:35 - 10:05. **Ages:** 1 - 2 yrs.

- **Jiggety Jig:** 10:25 - 10:55. **Ages:** 2 - 3 yrs.

- **Rock n Roll:** 11:05 - 11:35. **Ages:** 3 mths - 1 yrs.

Cost: £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Monkey Music

Bicester, Kidlington and Witney

01865 428420.

<https://www.wapi.monkeymusic.co.uk/Classes/63/>

- **Jiggety-Jig:** 9:40 - 10:10. **Ages:** 2 - 4 yrs.

- **Heigh-Ho:** 10:20 - 10:50. **Ages:** 1 - 2 yrs.

- **Rock'n'Roll:** 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.

Cost: £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Moo Music Stowmarket, Debenham and Needham Market

07944 033723. www.moomusicsdnm.co.uk

• **June's Moo @ Home:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £3.50 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Music Bugs Northampton

07811 771480.

www.facebook.com/groups/1712119012194411/

• **Music Bugs Online session:** 22:00 - 22:40.

Ages: 0 - 5 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Musical Minis @home

020 8868 0001 or athome@musicalminis.co.uk.

www.athome.musicalminis.co.uk

Times: 9:30 - 9:55 & 14:00 - 14:25.

Ages: 0 - 4 yrs.

Cost: £3 per session

(*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

Sing and Sign Oxford

07795 005832. www.singandsign.co.uk

• **Sing and Sign BABES @ Home:** 10:30 - 11:00.

Ages: 0 - 6 mths. **Cost:** £5.20 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

TinyTalk

Bognor Regis & Surrounding Areas

rachelhu@tinytalk.co.uk. www.tinytalk.co.uk/rachelhu

• **TinyTalk Baby Signing**

Times: 09:45 - 10:45. **Ages:** 0 - 2 yrs.

Cost: £4.50 per session (*booking essential*).

Dates: 10 Jun.

TinyTalk Waveney & Mid-Suffolk

07419 322204.

www.facebook.com/tinytalkwaveneymidsuffolk

• **Toddler Signing E-Class:** 10:00 - 11:00.

Ages: 1½ yrs - 4 yrs.

• **Baby Signing E-Class:** 11:15 - 12:15 & 13:30 - 14:30.

Ages: 0 - 1½ yrs.

Cost: £4 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

SENSORY & DEVELOPMENT



Baby College at Home

01865 421879. www.babycollege.co.uk

• **Baby College @ Home:** Multiple Live Sessions

Access to 50+ LIVE weekly interactive virtual baby and toddler development sessions.

Ages: 0 - 5 yrs. **Cost:** £5 per week (*booking essential*).

• **Baby College Massage at Home:** Multiple Live Sessions

Full body baby massage in 4 sessions including songs and movements.

Ages: 0 - 1 yrs. **Cost:** £5 per week (*booking essential*).

WEBSITE

BOOK NOW

Baby Sensory Darlington

07855653375. www.babysensory.com

• **Baby Sensory Darlington @ Home**

Times: 11:30 - 12:30. **Ages:** 0 - 1 yrs 1 mths.

Dates: 10 Jun.

Times: 13:00 - 14:00. **Ages:** 0 - 1 yrs 1 mths.

Dates: 3 Jun & 10 Jun.

Cost: £4 per session (*booking essential*).

Baby Sensory North Bucks

07876643276. www.babysensory.com

• **Baby Sensory @home classes:** 10:00 - 10:30, 11:00 - 11:30 & 13:00 - 13:30.

Ages: 1 yrs 1 mths.

Cost: £3.50 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Baby Sensory

Salisbury, Romsey & Totton

07984051713. www.babysensory.com/salisbury

• **Baby Sensory @ Home:** 10:00 - 11:00 & 13:00 - 14:00.

Ages: 0 - 1 yrs 1 mths.

Cost: £4 per session

(*booking essential*).

Dates: 10 Jun.

BOOK NOW

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Baby Sensory Stirling

07766317766. www.babysensory.com

• Baby Sensory Classes: 10:00 - 10:40 & 11:00 - 11:40.

Ages: 0 - 1 yrs 1 mths. **Cost:** £4 per session (*drop in*).

Dates: 3 Jun - 10 Jun.

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• Live Educational Class - Maths, Wellbeing, English,

History & Science: 14:00 - 14:30.

Ages: 5 - 8 yrs.

Dates: 3 Jun - 10 Jun.



Kidslingo Fran Fleming

07787226406. www.facebook.com/KidslingoFranFleming/

• Tots Frenchtastic Class: 13:00 - 13:30. **Ages:** 0 - 4 yrs.

• Infant French Club: 14:00 - 14:30. **Ages:** 3 - 7 yrs.

• Frenchtastic 11:00 - 11:30. **Ages:** 1½ yrs - 4 yrs.

Cost: £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

WEBSITE

LullaBaby Newport

07507070394. www.lullababy.co.uk/newport

• Step 3: 12:00 - 12:45.

Ages: 1 - 2 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Nanos Spanish

07940738221. nanospanishclub.com

Times: 10:00 - 10:30 & 15:00 - 15:30. **Ages:** 1 - 5 yrs.

Cost: £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-cold>

• Virtual Phonics Sessions for Kids: 10:00 - 11:00.

Ages: 0 - 6 yrs.

Cost: £1 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Suffolk Breastfeeding

07498 319230. www.suffolkbreastfeeding.com

• Online Baby Massage Classes: 13:15 - 14:15.

Ages: 0 - 1 yrs. **Cost:** £7 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Toddler Sense Milton Keynes

07972798017. www.toddlersense.com/milton-keynes/

• Toddler Sense @home: 10:00 - 11:00 & 11:15 - 12:15.

Ages: 1 yrs 1 mths - 5 yrs.

Cost: £4 per session (*booking essential*). **Dates:** 3 Jun.

CREATIVE

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• Live Cooking and Crafts Classes: 15:00 - 15:30.

Ages: 5 - 11 yrs. **Dates:** 3 Jun - 10 Jun.

Cost: Free (*drop in*).

• Master Lego Builder Live Session!: 10:00 - 10:30.

Ages: 3 - 12 yrs. **Cost:** Free (*booking essential*).

• Fantastic Crafts!: 15:00 - 15:30.

Ages: 4 - 11 yrs. **Cost:** Free (*booking essential*).

Dates: 3 Jun - 10 Jun.

Mini Professors @home

07864841482. www.miniprofessors.com

• Mini Professors @home Science Classes: 10:00 - 10:30.

Live science classes with experiments you can join in with.

Ages: 2 - 7 yrs.

Cost: £4 per session

(*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

DANCE & DRAMA

Amanda's Action Club

07946 707695. www.amandasactionclub.co.uk

• Amanda's Action Club (Zoom Sessions): 10:00 - 10:30

Tailored dance, music and fitness sessions.

Ages: 6 mths - 4 1/2 yrs.

Cost: £7 per session

(*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

Bespoke Ballroom

01604 621004. www.facebook.com/bespokeballroom/

• Online Latin and Ballroom Technique Classes for Kids:

16:00 - 16:45 & 16:45 - 17:30.

Ages: 5 - 16 yrs.

Cost: £1.50 per session

(*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Boogie Beat South Oxfordshire

07787 121628. www.boogiebeat.co.uk

- **Boogie Beat ZOOM Class:** 11:00 - 11:40.

Ages: 0 - 6 yrs.

Cost: £4 per session
(*booking essential*).

Dates: 3 Jun.

BOOK NOW

diddi dance North Essex & South Suffolk

07722 605395.

www.facebook.com/groups/512714662723104/

- **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs. **Cost:** £4 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

diddi dance SE London

07973982790. www.diddidance.com

- **diddi dance in da house!:** 10:00 - 10:45 & 14:00 - 14:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per week (*booking essential*).

Dates: 3 Jun - 10 Jun.

diddi dance

Shrewsbury and South Telford

07967430682. www.diddidance.com

- **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Synergy Dance

07713254260. synergy-dance-online.teachable.com

- **Synergy Dance at Home:** 12:00 - 12:30.

Online Dance & Yoga classes, can be accessed at any time

Ages: 4 - 80 yrs. **Cost:** £0.99 per session (*drop in*).

Dates: 3 Jun - 10 Jun.

PHYSICAL FUN

Tumble Tots UK

0121 585 7003. www.facebook.com/tumbletotshq

- **Tumble Tots LIVE on Facebook:** 10:00 - 11:00.

Ages: 6 mths - 7 yrs. **Cost:** Free (*drop in*).

Dates: 3 Jun - 10 Jun.

HEALTH & WELLNESS

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

- **Online Mini First Aid Course:** any time

Cost: £20 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

ATP Health and Fitness

Norwich

07824 995689.

www.healthandfitness.uk.com

- **Cardio & Combat:** 18:30 - 19:15. **Ages:** 0 - 99 yrs.
- **Get Waisted/Abs:** 6:30 - 7:15. **Ages:** 0 - 99 yrs.
- **Kettlebells Live:** 19:30 - 20:15. **Ages:** 0 - 99 yrs.

Cost: £3 per session (*drop in*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

P.S. Get Fit

07903516284. www.psgetfit.co.uk

- **Low Intensity Workout:** 10:00 - 10:30.

*Pre/Post Natal Workout. *Baby friendly.*

Ages: Pregnancy - 1 yrs.

- **Full Body Workout:** 12:30 - 13:00.

Weights required

Cost: £3 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

BOOK NOW

Soo Yoga

01604 621004. www.sooyoga.com

- **Online Fitness Classes with Kristina Rihanoff & Ben Cohen:** 9:30 - 10:15.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

- **Online Yoga with Kristina Rihanoff:** 10:30 - 11:30.

All ability levels

Cost: £0.50 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

Suffolk Woman's Wellness Centre

01473 730035. www.swwc.as.me/online workout

- **Online Yoga for all - incl pregnancy yoga:** 19:30 - 20:30.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*drop in*).

Dates: 3 Jun - 10 Jun.

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

- **Live online Yoga with Lizzy:** 8:00 - 8:50.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 3 Jun - 10 Jun.

PREGNANCY

Bump2Baby Reality

07960 323 874. www.facebook.com/bump2babyreality/

- **Virtual Coffee Morning:** 11:00 - 12:00.

Ages: Pregnancy - 1 yrs. **Cost:** Free (*booking essential*).

Dates: 3 Jun - 10 Jun.

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting

YOU'LL NEVER BE STUCK

for something to do

AT HOME AGAIN...



By Tim Freed, Founder of Toddle About

Here at Toddle About, we want to do as much as we can to help families through this tough time. And that's not just families with little ones – but families with children of ALL ages.

That's why we've created *Family Life at Home*

Overnight, families have been thrown into home schooling their children, and many of them are struggling. Teaching at home can be hard at the best of times - believe me, I know! We've been home educating our children for the last 7 years, and it's not always a walk in the park.

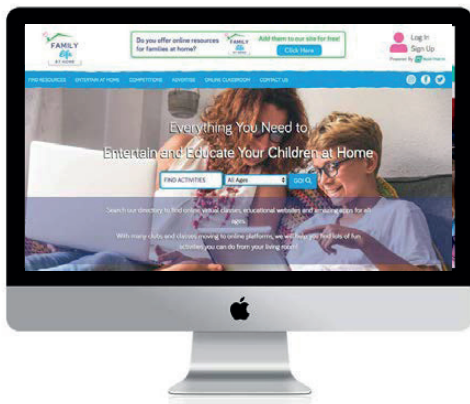
Fortunately, one upside of the COVID-19 crisis is that there has been an explosion of resources that we can tap into as parents to help us.

Want to start learning martial arts in your living room? Take a virtual tour of the Natural History Museum? Get help with a maths problem? Ask Steve Backshall a question about animals?

It's ALL possible... and much more besides. In fact, it's overwhelming.

That's where Family Life at Home comes in – it's a central hub that brings together all the different resources that are available, and makes it easy to find what you need to educate and also entertain your children at home.

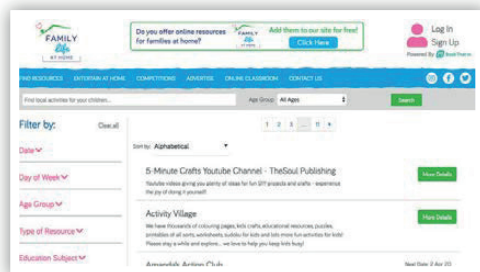
Try it now at www.familylifeathome.co.uk



It's Really Easy to Use

Pick your child's age, then filter the options available by various criteria, such as the kind of resource you're looking for, education topic or type of activity. You can even select today's date to see all the live stream sessions that are running today.

We hope you find it useful!



Try it now at www.familylifeathome.co.uk

If you know someone who offers online resources for families, tell them they can add them to our site for free!

Subscribe to the Lockdown Guide for FREE
Get it sent straight to your inbox at toddle.fun/lockdownguide

THURSDAY

PARENTS & TOTS

The Berin Centre

01865 341944 or megan@theberincentre.co.uk
www.theberincentre.co.uk

- Growing Minds: 14:00 - 14:30.

For under 1s who are signed up to the Imagination Library

Ages: 0 - 1 yrs. **Cost:** Free (booking essential).

Dates: 4 Jun - 11 Jun.

The Maple Tree Children's Centre

01865 236700.

www.facebook.com/TheMapleTreeWheatley/

- Interactive Storytime and Singing Session: 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 4 Jun - 11 Jun.

Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

- Baby Bounce & Tot Rock Online: 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 4 Jun - 11 Jun.

MUSIC & SIGNING

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

- Hartbeeps @ Home: 9:00 - 10:00.

Ages: 0 - 5 yrs. **Cost:** £5 per session (booking essential).

Dates: 4 Jun - 11 Jun.

Jo Jingles Ipswich

07732 544548. www.jojingles.com

- Live Summer Half Term: 10:00 - 10:40.

Ages: 6 mths - 6 yrs.

Cost: £3.50 per session (booking essential).

Dates: 4 Jun - 11 Jun.

BOOK NOW



Little Signers Club Suffolk

07720 349424. www.littlesignersclub.co.uk

- Online 12 weeks Baby Signing Basics: 12:00 - 12:40.

Ages: 3 mths - 3 yrs.

Cost: £8.25 per session (booking essential).

Dates: 4 Jun - 11 Jun.

- Introduction to Babysigning: 10:00 - 10:45.

Ages: 3 - 3 mths.

Cost: £5 per session (booking essential).

Dates: 11 Jun.

WEBSITE

BOOK NOW

Musical Minis @home

020 8868 0001 or

athome@musicalminis.co.uk.

www.athome.musicalminis.co.uk

Times: 9:30 - 9:55 & 14:00 - 14:25.

Ages: 0 - 4 yrs.

Cost: £3 per session (booking essential).

Dates: 4 Jun - 11 Jun.

BOOK NOW

Raise Your Voice

07540113340. www.rvychoir.co.uk

- Raise Your Voice online: 14:00 - 15:00.

Ages: Pregnancy - 18 yrs.

Cost: £6 per session (booking essential).

Dates: 4 Jun - 11 Jun.

BOOK NOW

TinyTalk Dundee

07754610381. www.tinytalk.co.uk

- TinyTalkTV: 10:00 - 11:00.

Ages: 0 - 2 yrs. **Cost:** £6 per session (drop in).

Dates: 4 Jun - 11 Jun.

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Get it sent straight to your inbox at toddle.fun/lockdownguide

TinyTalk Waveney & Mid-Suffolk

07419 322204.

www.facebook.com/tinytalkwaveneymidsuffolk

• **Toddler Signing E-Class: 10:30 - 11:30.**

Ages: 1½ yrs - 4 yrs.

• **Baby Signing E-Class: 11:45 - 12:45.**

Ages: 0 - 1½ yrs.

Cost: £4 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

SENSORY & DEVELOPMENT



Baby College at Home

01865 421879. www.babycollege.co.uk

• **Baby College @ Home:** Multiple Live Sessions

Access to 50+ LIVE weekly interactive virtual baby and toddler development sessions.

Ages: 0 - 5 yrs. **Cost:** £5 per week (*booking essential*).

• **Baby College Massage at Home:** Multiple Live Sessions
Full body baby massage in 4 sessions including songs and movements.

Ages: 0 - 1 yrs. **Cost:** £5 per week (*booking essential*).

WEBSITE

BOOK NOW

Baby Sensory Darlington

07855653375. www.babysensory.com

• **Baby Sensory Darlington @ Home**

Times: 10:00 - 11:00. **Ages:** 0 - 1 yrs 1 mths. **Dates:** 11 Jun.

Times: 11:30 - 12:30. **Ages:** 0 - 1 yrs 1 mths. **Dates:** 4 Jun.

Cost: £4 per session (*booking essential*).

Baby Sensory

Salisbury, Romsey & Totton

07984051713. www.babysensory.com/salisbury

• **Baby Sensory @ Home:** 10:00 - 11:00.

Ages: 0 - 1 yrs 1 mths.

Cost: £4 per session

(*booking essential*).

Dates: 11 Jun.

BOOK NOW

Baby Sensory Stirling

07766317766. www.babysensory.com

• **Baby Sensory Classes:** 10:00 - 10:40 & 11:00 - 11:40.

Ages: 0 - 1 yrs 1 mths. **Cost:** £4 per session (*drop in*).

Dates: 4 Jun - 11 Jun.

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Educational Class - Maths, Wellbeing, English, History & Science:** 14:00 - 14:30.

Ages: 5 - 8 yrs. **Dates:** 4 Jun - 11 Jun & 4 Jun - 11 Jun.

Dandy Development

07890 241301. www.dandydevelopment.co.uk

• **Online baby sign course:** 10:30 - 11:00.

Ages: 4 mths - 3 yrs.

Cost: £1 per session

(*booking essential*).

Dates: 4 Jun - 11 Jun.

BOOK NOW



Kidslingo Fran Fleming

07787226406. www.facebook.com/KidslingoFranFleming/

Infant French Club (4 - 7 years): 14:00 - 14:30,

15:00 - 15:30 & 16:00 - 16:30.

Ages: 4 yrs - 7 yrs 11 mths.

Cost: £5 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

WEBSITE

LullaBaby Newport

07507070394. www.lullababy.co.uk/newport

• **Step 1:** 12:00 - 13:00.

Ages: 0 - 6 mths. **Cost:** £4 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-colch>

• **Virtual Phonics Sessions for Kids:** 10:00 - 11:00.

Ages: 0 - 6 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Tots Play in Rugby

07908 367264. www.totsplay.co.uk

• **Online baby development course:** 11:00 - 12:00.

Ages: 0 - 6 mths.

Cost: £5.83 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

DANCE & DRAMA

Amanda's Action Club

07946 707695. www.amandasactionclub.co.uk

• **Amanda's Action Club (Zoom Session):** 09:45 - 10:15

Tailored dance, music and fitness sessions.

Ages: 6 mths - 4 1/2 yrs.

Cost: £7 per session (*booking essential*).

• **Amanda's Action Club (Facebook Live):** 10:30 - 11:00

Dance, sing, and learn through activities.

Ages: 6 mths - 4 1/2 yrs.

Cost: £5 per session

(*booking essential*).

Dates: 4 Jun - 11 Jun.

BOOK NOW

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Dance, Singing and Music Class:** 15:00 - 15:30.

Ages: 5 - 8 yrs. **Dates:** 4 Jun - 11 Jun.

• **Live Toddler Party Classes:** 10:00 - 10:30.

Ages: 1 - 4 yrs. **Dates:** 4 Jun - 11 Jun.

Cost: Free (*drop in*).

diddi dance North Essex & South Suffolk

07722 605395.

www.facebook.com/groups/512714662723104/

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs. **Cost:** £4 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

diddi dance SE London

07973982790. www.diddidance.com

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per week (*booking essential*).

Dates: 4 Jun - 11 Jun.

diddi dance

Shrewsbury and South Telford

07967430682. www.diddidance.com

• **diddi dance in da house!:** 10:00 - 10:30.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

Funky Monkeys

01494 912729. www.funkymonkeysLtd.co.uk

• **Funky Monkeys - Online Classes:** 10:00 - 10:40.

Ages: 0 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

Tappy Toes

01279 718216. www.tappytoes.com

• **Tappy Toes Online:** 10:00 - 10:30.

Ages: 1 - 5 yrs. **Cost:** £4.50 per session (*drop in*).

Dates: 4 Jun - 11 Jun.

PHYSICAL FUN

Tumble Tots UK

0121 585 7003. www.facebook.com/tumbletotsHQ

• **Tumble Tots LIVE on Facebook:** 10:00 - 11:00.

Ages: 6 mths - 7 yrs. **Cost:** Free (*drop in*).

Dates: 4 Jun - 11 Jun.

HEALTH & WELLNESS

ATP Health and Fitness Norwich

07824 995689. www.healthandfitness.uk.com

• **Home Full Body HIIT With Matt:** 8:30 - 9:15.

• **Home Rockbox With Louise:** 18:30 - 19:15.

Ages: 0 - 99 yrs.

Cost: £3 per session (*drop in*).

Dates: 4 Jun - 11 Jun.

BOOK NOW

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

• **Online Mini First Aid Course:** any time

Cost: £20 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

Soo Yoga

01604 621004. www.sooyoga.com

• **Online Fitness Classes with Kristina Rihanoff & Ben Cohen:** 10:00 - 10:30.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

• **Online Yoga with Kristina Rihanoff:** 10:30 - 11:30.

All ability levels

Cost: £0.50 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

Suffolk Woman's Wellness Centre

01473 730035. www.swwc.as.me/online workout

• **Online Core Fit:** 20:00 - 21:00.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*drop in*).

Dates: 4 Jun - 11 Jun.

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting

Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

• **Live online Yoga with Lizzy:** 19:00 - 20:00.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 4 Jun - 11 Jun.

PREGNANCY

The Daisy Foundation : Towcester, Brackley, Buckingham & Milton Keynes

07581 559856.

www.thedaisyfoundation.com/teacher/vicki-wilkinson/

• **Daisy Birthing Weekly Antenatal Class:** 19:30 - 21:00.

Ages: Pregnancy. **Cost:** £72 per session (*booking essential*).

Dates: 4 Jun.

FRIDAY

PARENTS & TOTS

Kesgrave Library

01473 626103. www.facebook.com/Kesgravelibrary/

• **Wordplay sessions:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 5 Jun - 12 Jun.

Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

• **Baby Bounce & Tot Rock Online:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 5 Jun - 12 Jun.

MUSIC & SIGNING

Boogie Babes Newmarket

07769 883506.

www.facebook.com/BoogieBabesNewmarket/

• **Free Boogie Babes Live:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 5 Jun - 12 Jun.

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

• **Hartbeeps @ Home:** 9:00 - 10:00.

Ages: 0 - 5 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

Monkey Music

Aylesbury & High Wycombe

01494 819138. <http://bit.ly/mmawleswyc>

• **Heigh Ho:** 9:35 - 10:05. **Ages:** 1 - 2 yrs.

• **Jiggety Jig:** 10:25 - 10:55. **Ages:** 2 - 3 yrs.

• **Rock n Roll:** 11:05 - 11:35. **Ages:** 3 mths - 1 yr.

Cost: £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

Monkey Music

Bicester, Kidlington and Witney

01865 428420.

<https://www.wapi.monkeymusic.co.uk/Classes/63/>

• **Heigh-Ho:** 10:00 - 10:30. **Ages:** 1 - 2 yrs.

• **Jiggety-Jig:** 10:40 - 11:10. **Ages:** 2 - 4 yrs.

• **Rock'n'Roll:** 11:20 - 11:50. **Ages:** 3 mths - 1 yr.

Cost: £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

Musical Minis @home

020 8868 0001 or athome@musicalminis.co.uk.

www.athome.musicalminis.co.uk

Times: 9:30 - 9:55 & 14:00 - 14:25.

Ages: 0 - 4 yrs.

Cost: £3 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

BOOK NOW

Sing and Sign Oxford

07795 005832. www.singandsign.co.uk

• **Sing and Sign BABES @ Home:** 13:00 - 13:30.

Ages: 0 - 6 mths. **Cost:** £5.20 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

The Signing Company

07730 535325. <https://nikki.thesigningcompany.co.uk/>

• **Signing Babies:** 10:00 - 10:40. **Ages:** 5 mths - 2½ yrs.

• **Signing Toddlers:** 11:00 - 11:40. **Ages:** 1½ yrs - 3 yrs.

Cost: £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

TinyTalk Dundee

07754610381. www.tinytalk.co.uk

• **TinyTalkTV:** 10:00 - 11:00.

Ages: 0 - 2 yrs.

Cost: £6 per session (*drop in*).

Dates: 5 Jun - 12 Jun.

Are you running online classes or events?

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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

SENSORY & DEVELOPMENT

Adventure Babies

Warwickshire & Coventry

www.adventurebabies.co.uk

• **Online Sensory Storytelling Adventure:** 9:00 - 9:30, 10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** £3 per session (*booking essential*).

Dates: 5 Jun.



Baby College at Home

01865 421879. www.babycollege.co.uk

• **Baby College @ Home:** Multiple Live Sessions

Access to 50+ LIVE weekly interactive virtual baby and toddler development sessions.

Ages: 0 - 5 yrs. **Cost:** £5 per week (*booking essential*).

• **Baby College Massage at Home:** Multiple Live Sessions
Full body baby massage in 4 sessions including songs and movements.

Ages: 0 - 1 yrs. **Cost:** £5 per week (*booking essential*).

WEBSITE

BOOK NOW

Baby Sensory Darlington

07855653375. www.babysensory.co.uk

• **Baby Sensory Darlington @ Home:** 10:00 - 11:00.

Ages: 0 - 1 yrs 1 mths.

Cost: £4 per session (*booking essential*). **Dates:** 5 Jun.

Baby Sensory Stirling

07766317766. www.babysensory.co.uk

• **Baby Sensory Classes:** 9:45 - 10:25.

Ages: 0 - 1 yrs 1 mths. **Cost:** £4 per session (*drop in*).

• **Hello Baby Massage:** 11:00 - 11:40.

Ages: 0 - 4 mths. **Cost:** £5 per session (*drop in*).

Dates: 5 Jun - 12 Jun.

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Educational Class - Maths, Wellbeing, English, History & Science:** 14:00 - 14:30.

Ages: 5 - 8 yrs.

Cost: Free (*drop in*).

Dates: 5 Jun - 12 Jun.



Kidslingo Fran Fleming

07787226406. www.facebook.com/KidslingoFranFleming/

• **Infant French Club:** 11:00 - 11:30 & 12:00 - 12:30.

Ages: 4 yrs - 7 yrs 11 mths.

Cost: £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

WEBSITE

Nanos Spanish

07940738221. www.nanospanishclub.com

Times: 10:00 - 10:30. **Ages:** 1 - 5 yrs.

Cost: £5 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-colch>

• **Virtual Phonics Sessions for Kids:** 10:00 - 11:00.

Ages: 0 - 6 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 5 Jun - 12 Jun.

CREATIVE

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Cooking and Crafts Classes:** 15:00 - 15:30.

Ages: 5 - 11 yrs.

Dates: 5 Jun - 12 Jun.

Mini Professors @home

07864841482. www.miniprofessors.com

• **Mini Professors @home Science Classes:** 15:00 - 15:30.

Live science classes with experiments you can join in with!

Ages: 2 - 7 yrs.

Cost: £4 per session

(*booking essential*).

Dates: 5 Jun - 12 Jun.

BOOK NOW

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting



Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

DANCE & DRAMA

Amanda's Action Club

07946 707695. www.amandasactionclub.co.uk

• **Amanda's Action Club (Zoom Sessions):** 10:30 - 11:00

Tailored dance, music and fitness sessions.

Ages: 6 mths - 4 1/2 yrs.

Cost: £7 per session (booking essential).

Dates: 5 Jun - 12 Jun.

BOOK NOW

Bespoke Ballroom

01604 621004. www.facebook.com/bespokeballroom/

• **Online Tots Ballet and Ballroom Classes:** 9:30 - 10:00.

Ages: 2 - 5 yrs.

Cost: £1.75 per session (booking essential).

Dates: 5 Jun - 12 Jun.

BOOK NOW

Boogie Beat South Oxfordshire

07787 121628. www.boogiebeat.co.uk

• **Boogie Beat Facebook Live:** 10:00 - 10:30.

Ages: 7 mths - 6 yrs.

Cost: Free (booking essential).

Dates: 5 Jun.

BOOK NOW

Captain Fantastic

Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Dance, Singing and Music Class:** 15:00 - 15:30.

Ages: 5 - 8 yrs. **Cost:** Free (drop in).

Dates: 5 Jun - 12 Jun.

diddi dance North Essex & South Suffolk

07722 605395.

www.facebook.com/groups/512714662723104/

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs. **Cost:** £4 per session (booking essential).

Dates: 5 Jun - 12 Jun.

diddi dance SE London

07973982790. www.didddance.com

• **diddi dance in da house!:** 10:00 - 10:45 & 14:00 - 14:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per week (booking essential).

Dates: 5 Jun - 12 Jun.

diddi dance

Shrewsbury and South Telford

07967430682. www.didddance.com

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** £1 per session (booking essential).

Dates: 5 Jun - 12 Jun.

PHYSICAL FUN

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Live Fitness Classes:** 10:00 - 10:30.

Ages: 3 - 7 yrs. **Cost:** Free (drop in).

Dates: 5 Jun - 12 Jun.

Tumble Tots UK

0121 585 7003. www.facebook.com/tumbletotshq

• **Tumble Tots LIVE on Facebook:** 10:00 - 11:00.

Ages: 6 mths - 7 yrs. **Cost:** Free (drop in).

Dates: 5 Jun - 12 Jun.

HEALTH & WELLNESS

ATP Health and Fitness Norwich

07824 995689. www.healthandfitness.uk.com

• **Body Sculpt - Tins For Toning:** 6:30 - 7:15.

Ages: 0 - 99 yrs. **Dates:** 5 Jun.

• **Rave It Up Fitness:** 18:00 - 18:45.

Ages: 0 - 99 yrs. **Dates:** 5 Jun - 12 Jun.

Cost: £3 per session (drop in).

BOOK NOW

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

• **Online Mini First Aid Course:** any time.

Cost: £20 per session (booking essential).

Dates: 5 Jun - 12 Jun.

Soo Yoga

01604 621004. www.sooyoga.com

• **Online Fitness Classes with Kristina Rihanoff & Ben Cohen:** 18:30 - 19:15.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

• **Online Yoga with Kristina Rihanoff:** 10:00 - 11:00.

All ability levels

Cost: £0.50 per session (booking essential).

Dates: 5 Jun - 12 Jun.

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

• **Live online Yoga with Lizzy:** 8:00 - 8:50.

Ages: 0 - 99 yrs. **Cost:** £5 per session (booking essential).

Dates: 5 Jun - 12 Jun.

Are you running online classes or events?

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Subscribe to the Lockdown Guide for FREE
Get it sent straight to your inbox at toddle.fun/lockdownguide

SATURDAY

PARENTS & TOTS

Southwold Library01502 722519. www.facebook.com/southwoldlibrary

- **Baby Bounce & Tot Rock Online:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 6 Jun - 13 Jun.

MUSIC & SIGNING

Musicland Oxford07979 813252. www.facebook.com/MusiclandOxford/

- **Scutterbugs:** 9:40 - 10:00. **Ages:** 2 - 5 yrs.
- **Infant Singing & Rhythm:** 10:15 - 10:35. **Ages:** 0 - 2 yrs.

Cost: £4 per session (*booking essential*).

- **Junior Singing & Rhythm**

Times: 10:45 - 11:15. **Ages:** 5 - 7 yrs. **Cost:** £6 per session (*booking essential*).

Times: 10:45 - 11:05. **Ages:** 5 - 7 yrs. **Cost:** £4 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

Raise Your Voice07540113340. www.ryvchoir.co.uk

- **Raise Your Voice online:** 10:30 - 11:30.

Ages: Pregnancy - 18 yrs.

Cost: £6 per session

(*booking essential*).

Dates: 6 Jun - 13 Jun.

BOOK NOW

SENSORY & DEVELOPMENT

Phonics With Robot Reg

07957 688101.

<https://robotreg.co.uk/pages/manningtree-clacton-north-colch>

- **Virtual Phonics Sessions for Kids:** 10:00 - 11:00.

Ages: 0 - 6 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

CREATIVE

Mini Professors Cambridge North07745 973392. www.miniprofessors.com

- **Mini Professors @Home:** 10:00 - 10:50 & 11:15 - 12:05.

Ages: 2 - 8 yrs.

Cost: £3.75 per session

(*booking essential*).

Dates: 6 Jun - 13 Jun.

BOOK NOW

DANCE & DRAMA

diddi dance SE London07973982790. www.diddidance.com

- **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1½ yrs - 5 yrs. **Cost:** £6 per weeks (*booking essential*).

Dates: 6 Jun - 13 Jun.

diddi danceShrewsbury and South Telford07967430682. www.diddidance.com

- **diddi dance in da house!:** 9:30 - 10:15.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

PHYSICAL FUN

Rugbytots Ltd - LIVE! Online!www.rugbytots.co.uk/online-classes

- **Rugbytots LIVE Online Classes:** 10:00 - 10:30.

Ages: 0 - 3 yrs.

- **Rugbytots LIVE Online Classes:** 11:00 - 11:30.

Ages: 3 - 7 yrs.

Cost: £3.50 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

HEALTH & WELLNESS

ATP Health and Fitness Norwich07824 995689. www.healthandfitness.uk.com

- **Home Cardio & Combat with Matt:** 9:30 - 10:15.

Ages: 0 - 99 yrs.

Cost: £3 per session (*drop in*).

Dates: 6 Jun - 13 Jun.

BOOK NOW

Lisa Valentine Yoga07957 215495. lisavalentinyoga.co.uk

- **Family Yoga :** 14:00 - 15:15.

Cost: £12 per session (*booking*

essential).

Dates: 6 Jun.

BOOK NOW

Mini First Aid Suffolk07706 068980. www.suffolk.minifirstaid.co.uk

- **Online Mini First Aid Course:** any time

Cost: £20 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting

Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

P.S. Get Fit

07903516284. www.psgetfit.co.uk

- **Lower Body and Core Workout:** 10:00 - 10:45.

Weights required.

Cost: £3 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

BOOK NOW

Soo Yoga

01604 621004. www.sooyoga.com

- **Online Fitness Classes with Kristina Rihanoff & Ben Cohen:** 10:00 - 10:30.

Bodyweight Circuit Training, HIIT, Barre Sculpt & Dance Fit

- **Online Yoga with Kristina Rihanoff:** 10:30 - 11:15.

All ability levels

Cost: £0.50 per session (*booking essential*).

Dates: 6 Jun - 13 Jun.

Suffolk Woman's Wellness Centre

01473 730035. www.swwc.as.me/online workout

- **Online Barre Fit:** 9:00 - 10:00.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*drop in*).

Dates: 6 Jun - 13 Jun.

YogaWalks and Bowen Therapy

07950 573719. www.facebook.com/YogaWalks

- **Live online Yoga with Lizzy:** 8:45 - 9:30.

Ages: 0 - 99 yrs. **Cost:** £5 per session (*booking essential*).

Dates: 6 Jun.

PREGNANCY

Bump2Baby Reality

07960 323 874. www.facebook.com/bump2babyreality/

- **Free Early Pregnancy Class (weekly):** 14:30 - 16:30.

Ages: Pregnancy.

Cost: Free (*booking essential*).

Dates: 6 Jun.

NowBaby Live

0333 121 0230. www.nowbabylive.co.uk/freeclass

- **NowBaby free 'Coronavirus and Pregnancy' Antenatal Class:** 14:30 - 15:15.

Ages: Pregnancy.

Cost: Free (*booking essential*).

Dates: 13 Jun.

BOOK NOW

Looking for something specific?

Search at www.toddleabout.co.uk - it's easy!



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Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

SUNDAY

PARENTS & TOTS

Southwold Library

01502 722519. www.facebook.com/southwoldlibrary

• **Baby Bounce & Tot Rock Online:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 7 Jun.

MUSIC & SIGNING

Hartbeeps West Suffolk

07866 487761.

www.bookmyclass.co.uk/hartbeeps/?FID=113

• **Hartbeeps @ Home:** 9:00 - 10:00.

Ages: 0 - 5 yrs.

Cost: £5 per session (*booking essential*).

Dates: 7 Jun.

CREATIVE

Mini Professors Cambridge North

07745 973392. www.miniprofessors.com

• **Mini Professors @ Home:** 10:00 - 10:50.

Ages: 2 - 8 yrs. **Cost:** £3.75

per session (*booking essential*).

Dates: 7 Jun - 7 Jun.

BOOK NOW

DANCE & DRAMA

diddi dance

Shrewsbury and South Telford

07967430682. www.diddidance.com.

• **diddi dance in da house!:** 10:00 - 10:45.

Ages: 1 - 5 yrs. **Cost:** £1 per session (*booking essential*).

Dates: 7 Jun.

Zumbini With Sarah

07578991211. www.facebook.com/ZumbiniWithSarah

• **Zumbini with Sarah - Virtual Classes:** 10:00 - 10:30.

Ages: 6 mths - 4 yrs. **Cost:** £3 per session (*drop in*).

Dates: 7 Jun.

PHYSICAL FUN

Captain Fantastic Entertainers

020 8245 9019. www.captain-fantastic.co.uk

• **Fantastic Yoga:** 10:00 - 10:30.

Ages: 4 - 71 yrs. **Cost:** Free (*booking essential*).

Dates: 7 Jun & 7 Jun.

Rugbytots Ltd - LIVE! Online!

www.rugbytots.co.uk/online-classes

• **Rugbytots LIVE Online Classes:** 10:00 - 10:30.

Ages: 0 - 3 yrs.

• **Rugbytots LIVE Online Classes:** 11:00 - 11:30.

Ages: 3 - 7 yrs.

Cost: £3.50 per session (*booking essential*).

Dates: 7 Jun.

HEALTH & WELLNESS

Mini First Aid Suffolk

07706 068980. www.suffolk.minifirstaid.co.uk

• **Online Mini First Aid Course:** any time

Cost: £20 per session (*booking essential*). **Dates:** 7 Jun.

P.S. Get Fit

07903516284. www.psgetfit.co.uk

• **Full Body HIIT Workout (No equipment):** 10:00 - 10:45.

High Intensity Full Bodyweight Workout - for all levels

Cost: £3 per session (*booking essential*).

Dates: 7 Jun.

BOOK NOW

Soo Yoga

01604 621004. www.sooyoga.com

• **Online Yoga with Kristina Rihanoff:** 10:00 - 11:00.

All ability levels

Cost: £0.50 per session (*booking essential*). **Dates:** 7 Jun.

Are you running online classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/lockdownlisting



Always
Online

toddle^{about}
Loving life with little ones

Just want to dip in to classes at a time that suits you?
Discover pre-recorded sessions, for you to access any time.

British Motor Museum

The British Motor Museum has organised a range of 'stay at home' activities for all the family to enjoy. From puzzles and crafts, science experiments and more!

Ages: All ages

Cost: Free - donations welcome

Email: enquiries@britishmotormuseum.co.uk

www.britishmotormuseum.co.uk/whats-on/tag/family

diddi dance Shrewsbury

Online fun and funky preschool dance classes for energetic little movers. Sessions encourage a love of movement to last a lifetime through dancing games, learning songs and changing dance themes.

Ages: 1½-4½ years

Cost: £3/week

Phone: 07967 430 682

Email: charlotte.burgess@diddidance.com

www.diddidance.com/diddi-dance-shrewsbury/

June's Chatterbox Tunes

Watch some pre-recorded music sessions with singing, signs, puppets, instruments, guitar and props, and also a storytime lullaby songs video.

Ages: 2 months to 4 years

Cost: FREE

Phone: 07851 353396.

Email: jl.chatterbox@gmail.com

www.facebook.com/JUNESCHATTERBOXTUNES

Magical World of Stories

Stories, songs and either activities and ideas to help your little one learn through play or step by step guides to complete a crafting activity. All based around a theme.

Ages: 4 months - 6 years

Cost: £14 for 7 week term

Email: Jennifer.herbent@virginmedia.com

www.facebook.com/MagicalWorldofStories

Mini First Aid Suffolk

Learn valuable first aid skills in the comfort of your own home with the fantastic ONLINE version of the 2-hour baby & child first aid class, with an option to attend a top-up session for hands-on practice at a later date.

Ages: 18-99

Cost: Free

Phone: 01473 723960.

Email: julierdaniels@btinternet.com

www.staugustinesipswich.org.uk

MiniJam

Join MiniJam's jazz, funk & latin nursery rhyme remixes alongside DIY instruments to get creative with at home. Tasks & tricks to keep your little one engaged.

Ages: 0-5 years

Cost: £3 per video + Free track downloads

Phone: 07723 510320

Email: hello@minijam.uk

www.minijam.uk

Musical Bumps South Leicestershire

Watch some pre-recorded music sessions with singing, signs, puppets, instruments, guitar and props, and also a storytime lullaby songs video.

Ages: 2 months to 4 years

Cost: FREE

Phone: 07851 353396.

Email: jl.chatterbox@gmail.com

www.facebook.com/JUNESCHATTERBOXTUNES

Ride On Time

Weekly ride-on videos including singing & dancing - lots of fun!

Ages: 1 - 5 years

Cost: Free

Phone: 07789 887636.

Email: info@rideontimehire.com

www.facebook.com/rideontimehire/

Do you offer pre-recorded classes or events?

Add them to the Lockdown Guide for FREE at toddle.fun/prerecordedlisting

Subscribe to the Lockdown Guide for FREE

Get it sent straight to your inbox at toddle.fun/lockdownguide

Shake Rattle and Boogie

Online boogie classes providing dance and music sessions for babies, toddlers and pre-schoolers.

Ages: 0-4 years

Cost: £4 per session - discounts for block bookings

Phone: 07984 158281

Email: info@shakerattleandboogie.com

www.shakerattleandboogie.com

SingSongStories

Short videos containing songs and, sometimes a story, linked to different themes. Themes so far include: Easter, Numbers, Garden and Farm.

Ages: 0 - 5 years

Cost: Free

Phone: 07871 450140.

Email: info@singsongstories.co.uk

www.youtube.com/channel/UCwOx7a0x5Ln4lpNGA7Rku6g

Suffolk Libraries

Access singing sessions, crafts, storytimes and various activities for children on the Suffolk Libraries website. All videos are also being uploaded to the Suffolk Libraries Youtube channel.

Ages: 0-5 years

Cost: Free

Email: hannah.foulstone@suffolklibraries.co.uk

www.suffolklibraries.co.uk

St Augustine's Church

Enjoy a weekly activity sheet on St Augustine's website. Each week there is a different theme with lots of activity suggestions and songs to sing.

Ages: 4 mths - 5 years

Cost: Free

www.staugustinesipswich.org.uk

Suffolk Wildlife Trust

Every Friday morning there is a new video uploaded from Wild Learning Officer, Lauren, with an activity you and/or your child can do in your back garden! The activities are simple and require only items found at home.

Ages: 1yr 6 mths - 11 yrs

Cost: Free

Email: lauren.mack@suffolkwildlifetrust.org

www.facebook.com/KnettishallHeath

Sunnymead Minnows

Search Sunnymead Minnows for regular posts featuring activities, nature, songtime and storytime.

Ages: 0-5 years

Cost: Free

www.facebook.com/SunnymeadMinnows

Synergy Dance at Home

Professional online dance & yoga sessions to allow children, teens and families to keep up their activities at home, open to all. Includes courses for Special Needs, the visually impaired and the elderly.

Ages: 4 years +

Cost: £7 for a course (less than £1 per class)

Phone: 07713 254260.

Email: rachael.swann@gmail.com

www.synergy-dance-online.teachable.com/

Teddies Music Club

Sessions include real, live music, led by two musicians. Painted props drawing demos with every session (these two are also artists!) with an original picture to download and colour in afterwards.

Ages: 0 - 4 years

Cost: £1.99 per month for unlimited access

Phone: 01628 671146.

Email: zitanewcome@hotmail.com

www.teddiesmusicclub.co.uk

Tot Bop

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Phone: 01525 237474.

Email: rachelkenning79@gmail.com

www.totbop.co.uk/online-members-area/

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A new video is released every Monday, Wednesday and Friday at 2.30pm. Also available on YouTube.

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Cost: Free

Phone: 07368 500820.

Email: basingstoke@tumbletots.com

www.tumbletots.com/basingstoke

Tumble Tots Epsom

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Phone: 07539 468002.

Email: epsom@tumbletots.com

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